

CARE India Medical Society, Pune

ANNUAL REPORT: THE ACTIVITIES OF THE TRUST

During the Financial year 2019-2020, the “Activities of the Organization” in pursuance of the Main Objects of the Trust, are as under:

CANCER TERMINAL CARE

The patient out reach program **SATSEVA** is a service based on the concept of Home Care programs and is the **first of its kind in India** with doctors outreaching the patients at home for providing free terminal care to the needy cancer patient’s right at their door step. The task involves not only providing adequate pain management through administration of oral morphine as per the norms laid down by the WHO, but also providing the much needed emotional and psychological support both to the patients as well as their families.

To supplement the efforts of home care, a Critical Care Centre has been established at Bhawani Peth, Pune to get difficult symptoms under control and provide respite care to the needy family members. The facility comprising of a fifteen-bedded hospital has been established in October 2008 under project **Vishranti** which has been approved by the National Committee. **The Palliative Care Centre provides 24 x 7 nursing and supportive care to the patients admitted totally free of cost. We wish to express our gratitude to all our donors and want them to share a sense of gratification while fulfilling this human obligation in providing care and comfort to the dying patients.**

Beneficiaries

A total of **121** patients surviving as on 1st April 2018 have been taken care of in addition to **283** patients registered between 1st April 19 to 31st March 2020 for cancer terminal care through outreach program Satseva. Besides this, **153** patients were registered at Barshi in co-ordination with Nargis Dutt Memorial Hospital. A total of **175** patients have been taken care of between 1st April 2019 to 31st March 2020 for inpatient care of needy cancer patients at Vishranti Hospital. The total number of patient days for looking after cancer patients in hospital is **5715** days.

Diwali With A Purpose

In a bid to provide emotional support to cancer patients under care, a function “**DIWALI WITH A PURPOSE**” was celebrated on 12th October 2019 to greet the cancer patients a “**Happy Diwali**”. The occasion has been utilized to get first hand feedback from the families of the patients on our services in providing cancer terminal care at home as well as at Vishranti and from the beneficiaries of chemotherapy.

HEALTH MAINTENANCE PROGRAM

In order to provide a “Health Maintenance Program” for women from lower sections of the society with first pregnancy and beyond (all women who are sexually active come under high risk for Cancer Cervix and all tobacco (mishri) using women for oral cavity cancers), an institution by name **MATRUSEVA** was established in August 1998. The target group is women from the lower socio-economic group of the community, who are sexually active or acquired motherhood. In addition a qualified gynaecologist also provides free consultancy on gynaec cases and pre and postnatal advice to the needy. The women thus attending **MATRUSEVA** for even common health disorders are educated and encouraged to undergo periodic screening.

On an average, approximately 20 to 30 patients from the target area are reporting every day at present. During the last financial year **6550** patients have been the beneficiaries, which include **982** new patients registered during the year 2019-2020

As a commitment to the underprivileged, our gynaecologist from MATRUSEVA is visiting the female ward at the Yerawada prisons once a week to examine the female inmates and treat them for health problems specific to women.

MATRUSEVA PATHOLOGY LABORATORY

In an effort to make Pathology investigations available at a very reasonable price, **MATRUSEVA Pathology Laboratory** was opened on 1st January 2000 in the premises of **MATRUSEVA** and we are able to provide Pathology investigations at 25% of the costs in the market for women and some free for very poor patients.

THERAPEUTIC SERVICES

Over the last few years we have identified another niche area of our support system to the society - therapeutic services. We have come across many cancer patients, especially women from lower socio-economic sections of the community who do not undergo treatment purely due to the lack of finances. There are many young women with a good prognosis who would benefit with timely treatment. Keeping this aspect in mind, we have ventured into therapeutic services by providing chemotherapy to women with specific cancers, namely Ca Breast, Ca Cervix and Ovarian Cancer to start with. **At present, we are able to provide free chemotherapy to an average of ten patients**

registered every month. Even if a life can be mitigated by five to ten years by providing chemotherapy, this would greatly help their small children to stand on their feet. During the year 2019-2020 there were **120** beneficiaries out of which **99** were women.

We are providing chemo medicines to the Command Hospital for treating some cases of blood cancers in small children which includes support to Bone Marrow Transplants undertaken at the Command Hospital.

We are also providing free Radiation Therapy to cases of Head & Neck and Cervix referred by AFMC by getting them treated at 50% concessional costs at the Deenanath Mangeshkar Hospital.

Note: Photographs, Video recordings, written feed back reports; News Paper Clippings etc. are available on the above activities for your scrutiny if you are interested to promote any of the above activities which interest you.

(Brig L V Sadasivan)
Managing Trustee
Care India Medical Society

Due to the pandemic Covid 19, and restrictions on having a celebration with huge crowd, we were unable to conduct our Annual Function “**DIWALI WITH A PURPOSE**” this year. But we distributed some Diwali Sweets to our patients during the Diwali month.