

CARE India Medical Society, Pune

ANNUAL REPORT: THE ACTIVITIES OF THE TRUST

During the Financial year 2016-2017, the “Activities of the Organization” in pursuance of the Main Objects of the Trust, are as under:

CANCER TERMINAL CARE

The patient out reach program **SATSEVA** is a service based on the concept of Home Care programs and is the **first of its kind in India** with doctors outreaching the patients at home for providing free terminal care to the needy cancer patients right at their door step. The task involves not only providing adequate pain management through administration of oral morphine as per the norms laid down by the WHO, but also providing the much needed emotional and psychological support both to the patients as well as their families.

To supplement the efforts of home care, a Critical Care Centre has been established at Bhawani Peth, Pune to get difficult symptoms under control and provide respite care to the needy family members. The facility comprising of a ten-bedded hospital has been established in October 2008 under project **Vishranti** which has been approved by the National Committee. **The Palliative Care Centre provides 24 x 7 nursing and supportive care to the patients admitted totally free of cost. We wish to express our gratitude to all our donors and want them to share a sense of gratification while fulfilling this human obligation in providing care and comfort to the dying patients.**

Beneficiaries

A total of 140 patients surviving as on 1st April 2016 have been taken care of in addition to 270 patients registered between 1st April 16 to 31st March 2017 for cancer terminal care through outreach program Satseva. Besides this, 132 patients were registered at Barshi in co-ordination with Nargis Dutt Memorial Hospital. A total of 203 patients have been taken care of between 1st April 2016 to 31st March 2017 for inpatient care of needy cancer patients at Vishranti Hospital. The total number of patient days for looking after cancer patients both at home as well as in hospital is 12241 days.

Diwali With A Purpose

In a bid to provide emotional support to cancer patients under care, a function “**DIWALI WITH A PURPOSE**” was celebrated on 6th November 2016 to greet the cancer patients a “**Happy Diwali**”. The occasion has been utilized to get first hand feedback from the families of the patients on our services in providing cancer terminal care at home as well as at Vishranti and from the beneficiaries of chemotherapy.

HEALTH MAINTENANCE PROGRAM

In order to provide a “Health Maintenance Program” for women from lower sections of the society with first pregnancy and beyond (all women who are sexually active come under high risk for Cancer Cervix and all tobacco (mishri) using women for oral cavity cancers), an institution by name **MATRUSEVA** was established in August 1998. The target group is women from the lower socio-economic group of the community, who are sexually active or acquired motherhood. In addition a qualified gynaecologist also provides free consultancy on gynaec cases and pre and postnatal advice to the needy. The women thus attending **MATRUSEVA** for even common health disorders are educated and encouraged to undergo periodic screening.

On an average, approximately 30 to 40 patients from the target area are reporting every day at present. During the last financial year 11125 patients have been the beneficiaries, which include 1076 new patients registered during the year 2016-2017.

As a commitment to the underprivileged, our gynaecologist from MATRUSEVA is visiting the female ward at the Yerawada prisons once a week to examine the female inmates and treat them for health problems specific to women.

MATRUSEVA PATHOLOGY LABORATORY

In an effort to make Pathology investigations available at a very reasonable price, **MATRUSEVA Pathology Laboratory** was opened on 1st January 2000 in the premises of **MATRUSEVA** and we are able to provide Pathology investigations at 25% of the costs in the market for women and some free for very poor patients.

SCREENING OF MEN OVER 55 YEARS OF AGE FOR PROSTATE DISORDERS

We have been conducting Screening Camps in Pune for the last nineteen years for detection of Prostate disorders in men above the age of 55 years. On an average 200 men are registered. Free Ultrasonography is provided for to those registered and an Urologist examines each patient physically. Blood samples of all high-risk cases identified during the camp are sent for PSA test. There were 207 beneficiaries in the screening camp conducted in March 2017. This year we are planning to hold the camp in the last week of February / early March subject to the convenience of the Command Hospital.

THERAPEUTIC SERVICES

Over the last few years we have identified another niche area of our support system to the society - therapeutic services. We have come across many cancer patients, especially women from lower socio-economic sections of the community who do not undergo treatment purely due to the lack of finances. There are many young women with a good prognosis who would benefit with timely treatment. Keeping this aspect in mind, we have ventured into therapeutic services by providing chemotherapy to women with specific cancers, namely Ca Breast, Ca Cervix and Ovarian Cancer to start with. **At present, we are able to provide free chemotherapy to an average of ten patients registered every month.** Even if a life can be mitigated by five to ten years by providing chemotherapy, this would greatly help their small children to stand on their feet. During the year 2016-2017 there were 186 beneficiaries out of which 129 were women.

We are providing chemo medicines to the Command Hospital for treating some cases of blood cancers in small children which includes support to Bone Marrow Transplants undertaken at the Command Hospital.

We are also providing free Radiation Therapy to cases of Head & Neck and Cervix referred by AFMC by getting them treated at 50% concessional costs at the Deenanath Mangeshkar Hospital.

Note: Photographs, Video recordings, written feed back reports, News Paper Clippings etc. are available on the above activities for your scrutiny if you are interested to promote any of the above activities which interest you.

(N S Nyayapathi)
Chief Functionary
Hon. Director & Managing Trustee
Care India Medical Society